

WOMAN'S HERALD

Devoted to the Household, the Fashions and the Activities of Women.

MARY MARSHALL, Editor.

DAILY DEPARTMENT OF THE WASHINGTON HERALD.
Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.
MONDAY, JULY 19, 1915.

MALINGUING SODA WATER.

Dr. Wiley has come forward with his annual invective against soda water. He always comes to it sooner or later and, as usual, there has been no perceptible falling off in the attendance of the maligned soda fountain in consequence.

"Why do women waste so much money at the soda fountain?" asks a prominent representative of the National Housewives' League in a recently published interview.

"If they only counted up the daily sums spent there in one year, drinking beverages of whose origin they know absolutely nothing they would think better of the practice."

True, true, we know little of the origin of the chocolate ice cream concoction sipped straw-fashion on a hot day, but then we have no very definite information concerning the ancestry of the cup of tea we imbibe at afternoon teas and we couldn't take oath as to the ingredients of the ragout we had for last night's dinner unless we happened to be in the kitchen when it was concocted. We have, however, a sort of blind faith that the drinks we take at the soda water fountains are composed of charged water of some sort, ice cream, perhaps, and flavoring substance. We trust our own palates and the pure food inspectors to that extent.

But as to the vast extravagance in the practice. If we kept track of the amount of money we had spent on fountain beverages in all our lives perhaps we would have a figure that would pay for a sleeping porch or buy a vacuum cleaner or several fireless cookers. But why keep track of the money we spend for our own harmless pleasure so persistently? We were tired and hot and perhaps a little cross. The sign at the soda fountain was tempting. And all that Dr. Wiley or National Housewives' League authorities may say will not make very much difference.

Have you heard of "Lady Suffrage?"

It is the term applied by Gertrude Barnum to the kind of suffrage that requires Hawaiian dances and young men with gardenias—the kind that, according to Miss Barnum, doesn't really amount to much any way and will not be very effective in winning votes for women. There is another kind, she says, the suffrage of the working woman, that is quietly but surely accomplishing big results.

The so-called society woman isn't in society at all," says Miss Barnum in a recent interview in the New York Tribune. "She's not in the big swim; she's going round and round in a little exclusive bathing pool of her own."

Facts have a way of taking the crinoline out of our pet theories and lest you are formulating an opinion that the modern woman is deserting the home to an alarming extent just look at these figures recently compiled by the United States board of education.

Of the 31,000,000 females over ten years of age in the United States 24,000,000 are engaged in homemaking.

These facts were of interest to the Federal educational board because they pointed out the importance of the study of scientific cooking in the public schools. Of every thirty-one women in the country twenty-four are in some measure directing their homes and most of this number are actually engaged in preparation of meals. Of every thirty-one little girls in school twenty-four or more of them will probably one day be homemakers. The fact seems clear therefore that the subject of all subjects which women ought thoroughly to understand are those relating to the gentle art of homemaking and house-keeping, not the old-fashioned time-wasting art but the way that means efficiency and happiness.

HOROSCOPE.

"The stars incline, but do not compel."
Monday, July 19, 1915.

This is a day in which the planets exercise but mild influence, the seers declare. Early in the morning Uranus is strongly benefited, however, and later the Sun is in evil place.

The stationary position of Jupiter in the sign of Pisces and on the threshold of Aries, the ruling sign of Great Britain, is held to be favorable for the English forces in the war. A measure in Parliament probably will provide wisely for a great national crisis.

Parts of Germany should benefit also from this configuration, but Prussia will suffer, astrologers declare, from the presence of Uranus, the planet that brings many calamities. In Aquarius, the country's ruling sign.

Accidents, loss of life, and fires may afflict London in the next few weeks. Neptune's entry into Leo today is not reassuring to France, Italy, and Rome. The Pope may meet with serious misfortune and face critical problems. Although Uranus is in friendly aspect

BEAUTY OF ENGLISH SOCIETY IS GOING TO BE MARRIED AT LAST



HON. IVY GORDON-LENNOX.

London, July 18.—That very engaging and much engaged woman, the Hon. Ivy Gordon-Lennox, is now ready to wed. The only child of Lord and Lady Almon Gordon-Lennox is engaged to the Marquis of Litchfield, and it is announced that the wedding will soon take place.

This marriage will unite two of the most famous dual families in Britain. Litchfield being the son of the Duke of Portland, and his wife being a niece of the Duke of Richmond.

The Hon. Ivy Gordon-Lennox is regarded as one of the most beautiful girls in English society, and is one of the most celebrated sportswomen in the country. She is well and favorably known in America, where she spent a winter with her parents in 1910. At that time she was reported to be engaged to Lord Villiers, the son and heir of the Earl of Jersey. Earl Winterton was another royal youth that report had engaged to the Hon. Ivy.

The Marquis of Litchfield is one of the wealthiest and perhaps the most sought-after young men in England. He is an officer of the Horse Guards and at present is attached to the headquarters staff in France. He is heir to 150,000 acres, and will be owner of Welbeck Abbey.

On the occasion of her wedding the Hon. Ivy will receive a very handsome gift of jewelry from Queen Alexandra. Instead of the usual present of \$5,000 for her trousseau, which is the customary gift to those occupying the post of Countess of Warwick is an aunt of this attractive young woman, who has had the youth of England at her feet ever since her coming-out. She speaks seven languages, is a great book lover, and is keenly interested in sports and gardening.

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Aunt Chatty's Mothers' Club

Conducted by Mrs. Charity Brush

LYING TO THE CHILDREN

THIS is a real Mothers' Club, for the benefit of mothers everywhere who are struggling with questions of discipline, training, education, clothing, for the children. Write to Aunt Chatty of problems which are vexing you, and she will advise and help you to a solution of them. Write to her, too, of your own discoveries, of methods you have found successful in smoothing the rough paths of life for the tender, childish feet, that through the Mothers' Club your experience may be of benefit to other mothers who are still tangled in the web of perplexity you have so happily unraveled.

Co-operation is the secret of success in any business; so why not in the business of motherhood, that highest and holiest calling which always has been and always will be woman's crown of glory, no matter what other avenues of usefulness may be opened to her? Address Mrs. Charity Brush, care of this paper.

(Copyright, 1915.)

Many of you will think I am using strong language, perhaps unnecessarily so, in my title for our talk today, but I feel so strongly on this topic that I am not going to mince words about it just now. In my work I meet and talk with a great many young girls, and over and over again I am asked, "Oh, Aunt Chatty, why didn't my mother tell me the truth when I was little?"

We have different names for our fabrications. I was taking Sunday dinner with a family not long ago and the small son of the house had been taken to church that day for the first time. At the dinner table we were discussing the meaning of the word "truth" and the boy looked up at his father and asked, "Daddy, did the preacher mean that he was just kidding us like you and mother do when you want us to think things that aren't so?"

To my astonishment, those parents laughed and the father said: "There's a smart one for you! You won't be able to fool him much longer."

Stop and think, mothers! What do you suppose the future career of a boy will be who at six years of age has already learned to distrust the word of the people about him? Will he be a truthful and upright? Will he make a reliable business man? The seeds that are planted in his innocent heart are as sure to germinate and bear fruit as are the grains of corn you sow in rich earth to spring up and multiply a hundred fold at the harvest.

And then the fibs we tell about what a previous talk I have called "The secrets of life." Stories about the stork, the doctor, the nurse—any tale but the truth—and mystery and prudery made of what every child should hear simply and plainly told by his mother's lips. Not long ago I was talking with a young girl who had come dangerously near making a wreck of her life through ignorance, chiefly, of the ways of the world. And she, too, said: "Oh, Aunt Chatty, why didn't my mother tell me the truth when I was little? Then she went on with a terrible arraignment of her dead mother—an accusation I could not defend that mother against when I had heard the story."

"Mother never told me the things every girl should know; she let me grow up in horrible ignorance to learn from the worst—after young men in England. He is an officer of the Horse Guards and at present is attached to the headquarters staff in France. He is heir to 150,000 acres, and will be owner of Welbeck Abbey."

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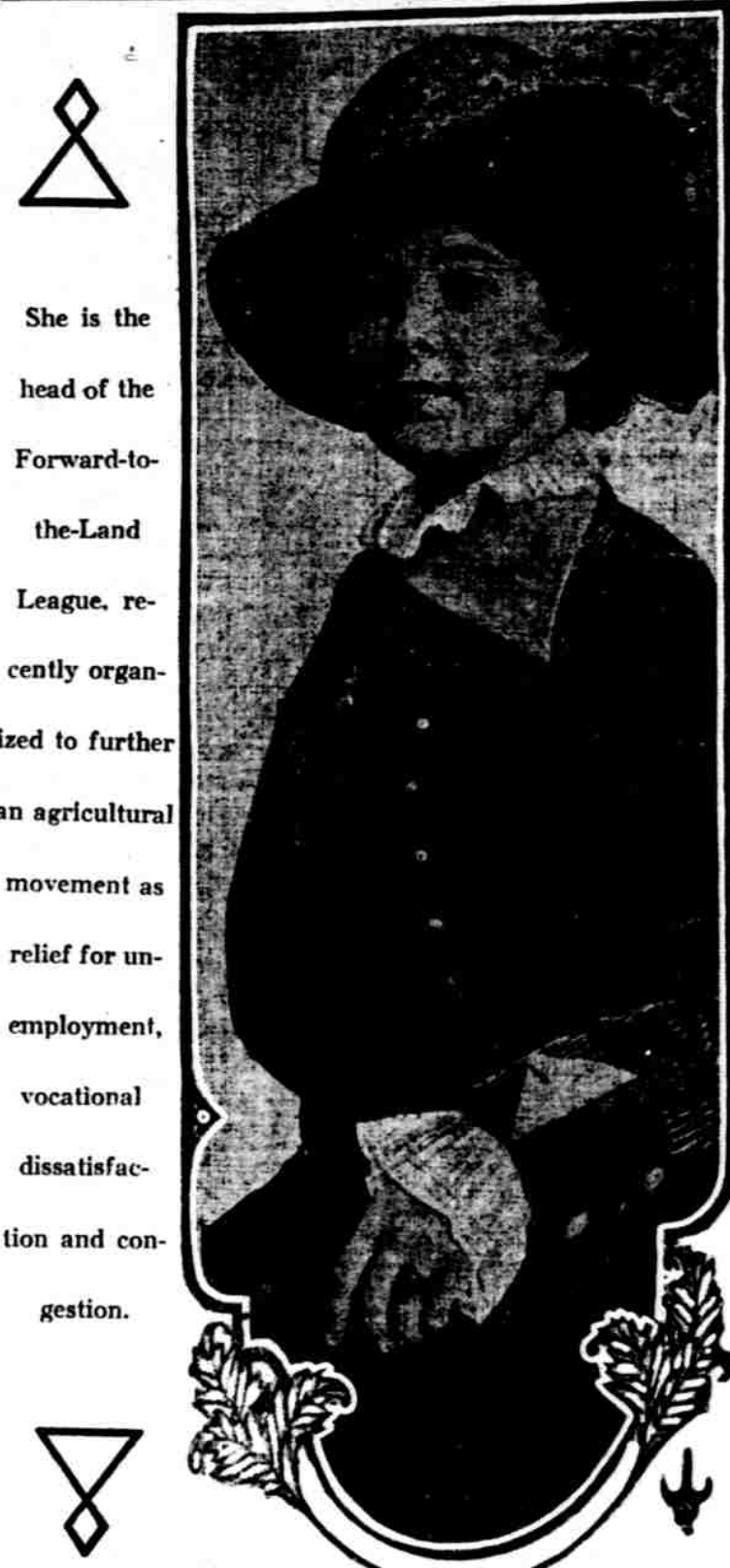
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TO MAKE FARMERS OUT OF UNEMPLOYED AND DISSATISFIED



She is the head of the Forward-to-the-Land League, recently organized to further an agricultural movement as relief for unemployment, vocational dissatisfaction and congestion.

MRS. HAVILAND H. LUND.

To assist in the relief of unemployment and vocational dissatisfaction in the cities of the country, a national agricultural organization was recently formed. It is an extension of the State departments of agriculture and has headquarters at the Labor Temple in New York City.

A woman is at the head of the Forward-to-the-Land League, as it is called—Mrs. Haviland H. Lund. She is a well-known and successful woman in her own right, and has taken the matter up with officials of the Agriculture, Labor and Interior Departments, and the Reconstruction Service. She is also the executive of the Agricultural Department, and is greatly interested in Mrs. Lund's scheme, and has given her valuable assistance.

"The deep human wish for a home and the present conditions of congestion, unemployment and fierce competition are turning the city man's thought toward the country," said Mrs. Lund yesterday. "To make the urbanite happy and to supply correct land information and to give lectures and addresses to the prospective farmer are the chief objects of the league."

Her statement that not since Margaret Smith labor bill has made possible the county demonstrator, who advises scientifically on farming problems, and the Reconstruction Service engineer, who estimates the land and reports on what crops are best for it. "We already have colonies in North Carolina, Texas, and Alabama and believe long there will be many tracts of 'pioneers' leaving for the South and West."

She Wasn't a Suffragist

At Least a Champion of Margaret Brent Doesn't Like to Have Her Mentioned in Connection with the Cause.

A letter from a reader of the Woman's Herald, enclosing a clipping from the Woman's Herald of July 15 relative to Mrs. Margaret Brent and her demand for a "voice and a vote," runs as follows:

"The accompanying clipping from this morning's Herald is in error. The Margaret Brent referred to therein was a single woman, and the daughter of Giles Brent, who was deputed by Lord Baltimore during his absence from Maryland. Brent became sick and Miss Margaret, as his amanuensis and secretary, desired to act as proxy for her father, thus entitled to a vote in the legislature, upon the tax question. The legislature objected and continued to object to her acting as proxy, whereupon Miss Margaret, after her father's death, assembled her slaves to the number of 100, or possibly more, visited the legislature then in session at St. Marys City, St. Marys County, and still being refused admission, forthwith proceeded to batter down the doors of the legislative hall, whereupon the legislature adjourned and Miss Brent kept the legislature from meeting until 1665, she married Lord George Powdren, of Southampton, England. After which she left the matters of her estate to her husband's management like all other sensible and educated ladies should do."

I write this, Mr. Editor, to stop the use of Margaret Brent, as an argument or encouragement for the suffragists. Miss Brent did not want to vote as a woman or claiming any right to suffrage, but being extremely wealthy and her father being invalid she also virtually ruled as governor of Maryland, presumed that the rights of her father were being curtailed, and as his only representative, had the right not as a woman, but as the proxy for her father, Giles Brent, acting governor. Being a descendant of the Powdren family direct, I did not see the use of Margaret Brent's name in connection with the woman's suffrage cause.

Yours very truly,
F. H. H.

In the first place we wish to explain that in referring to Margaret Brent as "Mrs." in place of "Miss" before her marriage, we simply follow the usage of the period in which she lived. "Mrs." was a contraction of mistress, the term by which women in general were addressed. The custom of addressing unmarried women as "Miss" was not established till a later date and to the present time in parts of Scotland and England a

woman of mature years, though she be not married, is called Mrs.

If our reader will reread the paragraph about Margaret Brent carefully he will see that there is nothing there contrary to the facts as he states them. Our statement that not since Margaret Brent demanded a voice and a vote has a woman of the South petitioned for the same right until Mrs. Tebbutt made her claim surely is not contrary to fact. In comparing Mrs. Tebbutt and Mrs. Brent we do not say that their motives were similar.

Further, the statement that in future annals Mrs. Tebbutt will rank with Maryland's famous representatives of advanced womanhood—Margaret Brent is also in keeping with the facts, for no one would deny that a woman who "virtually acted as governor of Maryland," and who "battered down the doors of the legislative hall," was an advanced woman. The only fair objection might be made that the editor of the woman's page secured her knowledge of Mrs. Margaret Brent.

TOMORROW'S MENU.

BREAKFAST.
Bacon
Boiled Rice and Cream
Boiled Dried Beef
Graham Cakes
Coffee

LUNCHEON OR SUPPER.
Steak
Braised Tomatoes
Iced Chocolate
Sponge Cake

DINNER.
Iced Chicken Bouillon
Braised Veal Chop
Green Peas
Baked Potatoes
Quenched Carrots
Raspberry Shortcake
Boiled Rice, Southern method—Takes

HOUSE-WIVES DAILY ECONOMY CALENDAR

FRANCES MARSHALL

LUNCHEON WITHOUT COOKING.

For the sake of economy and for the sake of coolness try not to have to light your stove in preparing luncheon. It is enough to have hot dishes once a day in the warm weather, and by a little forethought any cooked dish for luncheon can be prepared at the same time that you are preparing breakfast. If you are going to have iced tea or iced coffee for luncheon it is a simple matter to prepare them at breakfast time. Often you can make a little extra coffee in the morning and pour it off in a milk bottle, cover it and allow it to cool during the morning, putting it on the ice when it has got as cool as possible in the air of the room. When you are preparing the boiling water in the morning just pour enough on the tea leaves to make iced tea for luncheon.

There are many good luncheon dishes that can be made with cold-boiled eggs which can be boiled in the morning when you are preparing breakfast, and remember that if you cook an egg just below the boiling point for over thirty minutes it is quite as digestible as it is when slightly cooked. It is the egg boiled just enough to be hard that is indigestible. Hard-boiled eggs may be cut up fine with a silver knife and fork, seasoned with a little pepper, salt and butter and spread between layers of fine white bread. The mixture should be thoroughly chilled before being spread on the bread. Hard-boiled eggs may be cut in two lengthwise, the yolk removed and mixed with salt, pepper, butter and just a suggestion of mustard and placed back in the white portions. Hard-boiled eggs can be sliced thin and placed on lettuce leaves to make a delicious warm-weather salad.

For warm days fresh eggs may be taken to great advantage in egg-nogs. A luncheon of one dish may be made of two strictly fresh eggs beaten up and mixed with a glassful of rich milk. A little sugar may be added, and a sprinkling of nutmeg may give good flavor.

Fruit salads or cold vegetable salads suggest all sorts of luncheon possibilities for warm days. Almost any combination of fruit can be served on crisp lettuce leaves with or without a French dressing. Cold peas and beans, cold beef, celery, tomatoes, sliced onions or cold diced potatoes all may be used in combinations for vegetable salad served with salt and pepper or a French dressing.

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FAMOUS WOMAN HER BIRTHDAY AND YOURS

July 19—Lucy Madox Rossetti, Mary Anne Everett Wood.

Although her father was the celebrated painter, Ford Madox Brown, Lucy had never shown any interest in art-attitude for painting. She had spent her early life in England, and when she came to land to live with her father she had shown much in society and shown herself to be a charming and care-free English girl. Meeting her father, she was only making a wide reputation as an artist but his studio was crowded with students who found under his tutelage almost as good opportunities for studying art as they would have found in Paris.

One day, when she was 23, Lucy chanced to see the quantity of cold water when one of these students laid down his canvas half finished. He was unable to complete the work he had begun. The task was too difficult for him, and he turned to her father that she be allowed to try her hand at the work. She had acquired a little mastery with the brush unknown to her father, but was suddenly inspired to try her skill. The result was remarkable, and gave such promise that after that time she was called a painter, and was one of her father's most brilliant pupils.

Lucy Madox Brown's work was extremely popular and as an artist she showed great skill. But her type that would appeal to the popular taste rather than win lasting reputation. One of her most popular works was "Great Britain on the Ruins of Eborac," another "Romeo and Juliet in the Tomb," showed a decided romantic appeal. "Margaret Draper Receiving the Head of Her Father" had brought her popularity. Lucy Madox Brown would, doubtless, have done much greater things had not her career been interrupted by her marriage. Her married name was Rossetti. Lucy Rossetti wrote a life of Mrs. Shelley, from whom she drew, but this showed little literary merit.

Mary Anne Everett Wood, who was born July 19, 1818, was one of England's most able women writers. Her "Lives of the Princesses of England" is still regarded as an authority.

(Copyright, 1915.)

a cupful of well washed rice and mix with double the quantity of cold water; add salt to taste and let the rice boil fast for twenty minutes, when the liquid will have disappeared. Then set the vessel, tightly covered, on the back of the stove for the rice to "soak" or finish the cooking with the steam. Care must be taken to protect the pot from too much heat, as rice cooked in this dry manner will soon burn. Together with the first boiling, it takes about fifty minutes, or an hour, to cook rice in this way. It must never be stirred, as this makes a soggy mess; but many good cooks often turn the edges up with a fork so as to let the steam out when the rice is nearly done.

Italian tomatoes—Remove this slices from the stems and wash them in cold water; add salt to taste and let the rice boil fast for twenty minutes, when the liquid will have disappeared. Then set the vessel, tightly covered, on the back of the stove for the rice to "soak" or finish the cooking with the steam. Care must be taken to protect the pot from too much heat, as rice cooked in this dry manner will soon burn. Together with the first boiling, it takes about fifty minutes, or an hour, to cook rice in this way. It must never be stirred, as this makes a soggy mess; but many good cooks often turn the edges up with a fork so as to let the steam out when the rice is nearly done.

Fill the tomato cases with the mixture, sprinkle tops with bread crumbs, add a nut of butter to each and bake half an hour.

Cold chicken bou